

ID	658
Curricular Unit	Internship in Sports Training II
Regent	Jorge Manuel Castanheira Infante
Learning Outcomes	In this course of Sport Coaching Internship II, students should relate the principles of sports coaching of a specific sport with interdisciplinary knowledge and all the tasks inherent to the teacher-coach intervention, in the scope of the: Organization, planning, direction, and control of training; Championships participation; Relationship with the community.
Syllabus	<p>The aim of the course of Sport Coaching Internship II is the application and students improvement of the theoretical, the methodological and pedagogical principles of sports coaching of a specific sport option (Handball, Track and field, Basketball, Football, Gymnastics, Judo, Wrestling, Swimming, Orientation, Surf, Volleyball), as a process guided by the scientific and pedagogic principles inherent to sports education. The student's activities are in following domains:</p> <p>a) Intervention within the field of sport training:</p> <ul style="list-style-type: none"> • Conception of training programs; • Implementation of the training process • Evaluation and control of the training aspects. <p>b) Championships participation, namely by participating in groups with different competences, viewing the conception and implementation of competition practices;</p> <p>c) Relationship with the community, namely in the conception and implementation of informative and educational initiatives for the community.</p>
Evaluation	<p>The internship is in a host institution and the week load is 8hours with local coach as mentor. The student will undergo in real situations in training sessions with local coach allowance.</p> <p>The week load for tutorial in FMH is 2 hours. In the end of internship students conceive and implement a poster presentation with done activities.</p> <p>The evaluation of Sport Coaching Internship II could be in continuous assessment or final exam and is based in following criteria:</p> <p>Continuous assessment</p> <ol style="list-style-type: none"> 1. Local coach evaluation (20%); 2. Final report (80%) with Planning (12%), Evaluation (12%), Implementation (12%), Championship (22%) and Community (22%). <p>The final exam for students with results lower than 10 or less than 20% class attendance consists of a written test (theoretical assessment) and an oral exam (theoretical and practical assessment).</p>
Bibliography	Each specific program of sport modalities under study provided the own specific bibliography