<table>
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<th>ID</th>
<th>641</th>
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<td><strong>Curricular Unit</strong></td>
<td>Education and Health Promotion in the School</td>
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<tr>
<td><strong>Regent</strong></td>
<td>José Manuel Fragoso Alves Diniz</td>
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**Learning Outcomes**

Health education: concept and socio-historical developments in Europe and worldwide.
· Models of health education
· Developmental Perspective
· Ecological Perspective
· Dynamics in promotion and health education
· Items on promotion and health education: physical education, recreation, nutrition, substance use, sexuality, interpersonal Behavioural, violence, mental health; road safety, hygiene
· Actors involved: youth, families, health professionals and education; media "policymakers".
· Contexts: home, school, community, work
· Health communication
· Health in multiculturalism
· Health Literacy
· Case studies

**Syllabus**

Health education: concept and socio-historical developments in Europe and worldwide.
· Models of health education
· Developmental Perspective
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· Items on promotion and health education: physical education, recreation, nutrition, substance use, sexuality, interpersonal Behavioural, violence, mental health; road safety, hygiene
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**Evaluation**

Practical validation period offsite
Group work with public presentation

**Frequency**
Bibliography

- GTE (2005, 2007a, 2007b) reports, in-ww.dgidc min.edu.pt
- Matos, MG et al (2008) Substance use: Lifestyle or looking for a style? (Substance use: a Lifestyle or the