

<b>ID</b>	622
<b>Curricular Unit</b>	Psychotherapy
<b>Regent</b>	Margarida Gaspar de Matos
<b>Learning Outcomes</b>	To be acquainted with schools and methods in psychotherapy.
<b>Syllabus</b>	<p>Psychotherapy schools</p> <p>Psychoanalytic</p> <p>Cognitive-Behavioural</p> <p>Group Psychotherapy</p> <p>Interpersonal Psychotherapy</p> <p>Family Therapy</p> <p>Art Therapy</p> <p>Integrative Psychotherapy</p> <p>Psychotherapy of personality disorders</p> <p>Psychotherapy and life span</p> <p>Psychotherapy in special groups</p> <p>Systemic approach in Psychotherapy</p> <p>Crisis Intervention</p> <p>Universal, selective, and indicative interventions</p> <p>Techniques for data collection in Psychotherapy</p> <p>Clinical exam and observation of mental state</p> <p>Counseling Interview</p> <p>Intervention plans and evaluation</p> <p>Case studies and group studies</p>
<b>Evaluation</b>	Group work with public presentation. Written Test.
<b>Bibliography</b>	<p>Main bibliography:</p> <p>Gabbard, G. et al. ( 2005) Textbook of Psychotherapy, London: Oxford textbooks.</p> <p>Other bibliography:</p> <p>Belloch, A et al (1995) Manual de Psicopatologia vol I e II Lisboa, Macgrow-Hill.</p> <p>Abreu , J.P (1994) Introdução à Psicopatologia compreensiva, Lisboa, FC Gulbenkian.</p> <p>APA ( 1996) DSM IV , Lisboa Climpse.</p> <p>Pires, C (2003) Manual de Psicopatologia, ISLA.</p>