

<b>ID</b>	596
<b>Curricular Unit</b>	Systematization of Physical and Sports Activities
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**Learning Outcomes**

As fundamentals, is to express a sense of principles, with characterization of goals, its essential attributes and their meaning. Is intended to situate and relate the techniques, creating taxonomies and realizing the relationship between sporting gestures,

- The discipline provides a relationship/integration of components, the context and goals, in order to intervene and explain behavioral-activities: Object: Analysis, definition, structuring of specific factors of sports activities.
- Structure a understanding and explanation, through the interpretative models. Conceptualize one design» Interaction instruments Model - MII, aiming the identification and development of techniques and strategies in sports phenomena
- establishes a descriptive order for achieve taxonomic goals, pointing to an ultimate goal which join the structures through innovation and integration of systems modeling, facilitating their application in teaching/learning.

<b>Syllabus</b>	<p>THEORETICAL-PRACTICAL STUDY</p> <ul style="list-style-type: none"> <li>-Classification as Science</li> <li>Specific Factors - Criteria;Goals;categories</li> <li>-Procedures for the classification</li> <li>Taxonomies – Categorical/Statistical logic</li> <li>-Praxeology</li> <li>Terminology</li> <li>-Definition of criteria</li> <li>Classification » different authors</li> <li>Classification of situations/tasks</li> <li>Concepts and fundamental characteristics</li> <li>-Models - Interaction; Analysis - relationships</li> <li>-Systems</li> <li>Structuring/Categories</li> <li>Taxonomies, Nomenclatures</li> <li>-Sports techniques</li> <li>Instruments</li> <li>-Components and Constrains</li> <li>Concept, characteristics of movement</li> <li>-Definition - structures; Terminology - specificity</li> <li>Foundations of motor action</li> <li>-Strategies - Progressions</li> <li>General criteria - analogical Reasoning</li> <li>to draw the interpretation</li> <li>graphic Representation</li> <li>-Problems/resolution - to extract principles</li> <li>Differentiation - to correlate requirements</li> <li>-To perceive the pattern - to see what is behind the obvious</li> <li>-Systemic Modeling</li> </ul> <p>APPLY STUDY</p> <p>Sports»Individual;Team;Racket;Nature;Combat</p>
<b>Evaluation</b>	<p>Continuous assessment according to the following guidelines:          To succeed, the student has to have a minimum final grade greater or equal to 10          [N1=Theoretical]          * Practical Worksheets + written test          [N2=Theoretical - practical] (different applications)          * Practical worksheets + written paper          [N3=written paper]          * Application Model - Laboratory</p> <p>The assessment is carried out during the classes, according to the established objectives;          Final grade results from the arithmetic mean of the grades obtained;          or          Final exam, according to the following guidelines:          Students submit to final exam when          - their final grade is lower than 10.          - their class attendance is lower or equal to 20%.          The final exam consists of a written test (theoretical assessment) and an oral test (Theoretical-practical assessment).</p>

**Bibliography**

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