



ID	565
Curricular Unit	Ergonomics Psychology
Regent	Catarina Maria Gomes Duarte da Silva
Learning Outcomes	 Knowing the historical evolution of ergonomics psychology and identify the contribution of this discipline in the understanding of human work. Knowing in an integrated manner the theoretical and methodological framework of psychological work analysis. Using the knowledge acquired in the analysis of work situations.
Syllabus	Perspectives of human activity psychological analysis. Historical overview. The psychological analysis of human activity. Concepts. Clinical perspective in ergonomics psychology. Techniques for psychological analysis of human activity. Models of psychological analysis of human activity.
Evaluation	 Methods: 1. Theoretical lessons: Expositive - Program contents presentation, using slideshow as didactic resource; Participatory and inquiry - Call to reflection and verbalization about program contents. 2. Theoretical-practical lessons: Demonstrative - of the theoretical concepts through case studies/real data, as didactic resources; Participatory and inquiry - Groups discussion, research and organization of the information given and solving issues/problems presented in work proposals. The evaluation can be done in two modes: 1. Continuous- the student must conduct a summative test (60%, about the theoretical concepts, and do some practical works (40%) proposed by the teacher. The final evaluation is the weighted average of these two components. 2. Final - the student must pass on a written examination (40%). The final score is calculated by the weighted average of the grades obtained in each component.
Bibliography	 Clot, Y. (1996), Les histoires de la psychologie du travail. Approche pluridisciplinaire. Editions Octares, Toulouse. Leplat, J. (1980) - La psychologie ergonomique. Coll. Que Sais-Je? PUF, Paris. Leplat, J. (1992), L'analyse du travail en psychologie ergonomique, Tomo 1, Editions Octares, Toulouse. Leplat, J. (1993), L'analyse du travail en psychologie ergonomique, Tomo 2, Editions Octares, Toulouse. Leplat, J. (1997) - Regards sur l'activité en situation de travail. Contribution à la psychologie ergonomique. Puf, Paris.