

ID	545
Curricular Unit	Fundamentals of Training in Dance
Regent	Luis Miguel Xarez Rodrigues
Learning Outcomes	to be updated
Syllabus	to be updated
Evaluation	to be updated
Bibliography	<p>Clarkson, P. M. & Skrinar, M. (1988). Science of Dance training. Champaign, Illinois: Human Kinetics. (Dan271BibliotecaFMH)</p> <p>Clippinger, K. (2007). Dance Anatomy and Kinesiology. Champaign, Illinois: Human Kinetics.</p> <p>Fitt, S.S. (1996). Dance Kinesiology. (2^a ed.) New York: Schirmer, Thomson Learning, Inc.</p> <p>Franklin, E. (2004). Conditioning for Dance: Training for Peak Performance in all Dance Forms. Champaign, Illinois: Human Kinetics.</p> <p>Watkins, A. & Clarkson, P. (1998). Dancing Longer Dancing Stronger: a Dancer's Guide to Improving Technique and Preventing Injury. Hightstown: Princeton Book Company Publishers.</p>