ID	450
Curricular Unit	Intervention practices
Regent	Sidónio Olivério da Costa Serpa
Learning Outcomes	To discuss and follow the practical experiences of the students in sport and exercise contexts.
Syllabus	1.- Organization of the intervention practice 2.- Characterization of the sport and exercise contexts 3.- presentation from the students of a plan of intervention 4. Discussion about the process of implementing the plan 5. Integration of the psychological intervention in the whole activity of the clients
Evaluation	Teaching methodologies include lectures and its discussion on intervention strategies in sport and exercise psychology both in small groups and among the whole group. Later a series of sessions are organized including the presentation of the work being undertaken by students for general discussion. Evaluation is carried out by means of a report on the practical work.
Bibliography	- Andersen, M.B. (Ed.). (2000). Doing Sport Psychology. Champaign, IL: Human Kinetics -Hill, L.K. (2000). Frameworks for Sport Psychologists: Enhancing Sport Performance. Champaign, IL: Human Kinetics - Serrano,G.P. (2010). Elaboração de Projectos Sociais, Lisboa: Porto Editora - outros específicos de cada tema (other specific for each topic)