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<th>ID</th>
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<td>Curricular Unit</td>
<td>Olympism and the Olympic Games</td>
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<td>Regent</td>
<td>Ana Maria da Silva dos Santos</td>
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| **Learning Outcomes** | 1. Understand the social, political and economic meaning of the Olympic Games.  
2. Develop the problematic of Olympism in the framework of human development.  
3. Critically analyze the international and national Olympic Movement and its organizational structures.  
4. Conduct empirical research projects in the field of Olympism. |
| **Syllabus** | 1 - Social, political and economic meaning of the Olympic Games.  
2 - Olympism in the framework of human development.  
3 - International and national Olympic Movement and its organizational structures. |
| **Evaluation** | Continuous evaluation - tasks: 1. empirical research project; 2. presentation of concepts and measurement indicators; 3. poster with the synthesis of the results obtained in the empirical research.  
Final Exam - for those who do not achieve a grade of 10 or higher in continuous evaluation. |
Bibliography

Pontes, José (1934). Quase um Século de Desporto. Lisboa, Sociedade Nacional de Tipografia.
Santos, Ana (2013) Um Dia Olímpico. Lisboa. Visão e Contextos