

<b>ID</b>	3845
<b>Curricular Unit</b>	Advanced Themes in Human Development
<b>Regent</b>	Maria Celeste Rocha Simões
<b>Learning Outcomes</b>	<p>It is intended that the students:</p> <ul style="list-style-type: none"> <li>- Know the structural components of the main perspectives on human development</li> <li>- Explore in depth and in a critical way the major theories of human development</li> <li>- Know and show critical analysis capabilities towards relevant topics in the area of human development, and establish their interconnection with psychomotor rehabilitation</li> </ul>
<b>Syllabus</b>	<p>1. Perspectives and theories of human development:</p> <ul style="list-style-type: none"> <li>- Structural components of the major perspectives on human development: assumptions, phenomena to explain, study methods, principles and mechanisms of change</li> <li>- Major theories of human development (key concepts and mechanisms, patterns of change and continuity, strengths/weaknesses, new directions)</li> </ul> <p>2. Featured Themes:</p> <ul style="list-style-type: none"> <li>- Cognitive processes (information processing and decision making, memory, symbolic representation)</li> <li>- Socioemocional processes (social and moral behavior, emotion, motivation, temperament and personality)</li> <li>- Ecological contexts (family, peers, school, community)</li> <li>- Diversity in developmental processes (equifinality and multifinality, resilience and development, deviant trajectories)</li> </ul>
<b>Evaluation</b>	<p>1. Continuous Assessment</p> <p>Students who opt for continuous assessment model shall meet the following requirements:</p> <ol style="list-style-type: none"> <li>a) Get at least two thirds of attendance in practical classes</li> <li>b) Practical group work (oriented in the course of practical lessons) with oral presentation (40%)</li> <li>c) Oral presentation of a chapter within the curricular unit themes (25%)</li> <li>d) Individual written test (35%)</li> </ol> <p>2. Final Exam</p>

## **Bibliography**

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- Lerner, R. M. (2015). Handbook of Child Psychology and Developmental Science (7th Ed, Vol 1-4). New Jersey: Wiley.
- Lourenço, O. (2007). Psicologia do desenvolvimento cognitivo: Teoria, dados e implicações. Coimbra: Almedina.
- Newman, B. M., & Newman, P. R. (2007). Theories of Human Development. New Jersey: Lawrence Erlbaum Associates.
- Simões, C. (2012). Resiliência, saúde e desenvolvimento. In M. G. Matos & G. Tomé (Coord.), *Aventura Social: Promoção de Competências e do Capital Social para o Empreendedorismo com Saúde na Escola e na Comunidade*. Lisboa: Placebo Editora (E-Book).
- Sugarman, L. (2006). Life-Span Development: Frameworks, Accounts and Strategies. New York: Psychology Press.
- Thomas, R. M. (2001). Recent Theories of Human Development. London: Sage Publications.