

<b>ID</b>	3722
<b>Curricular Unit</b>	Psychotherapy
<b>Regent</b>	Maria Margarida Nunes Gaspar de Matos
<b>Learning Outcomes</b>	To be acquainted with schools and methods in psychotherapy.
<b>Syllabus</b>	<p>Psychotherapy schools            Psychoanalytic Cognitive-Behavioural Group Psychotherapy            Interpersonal Psychotherapy            Family Therapy            Art Therapy            Integrative Psychotherapy            Psychotherapy of personality disorders            Psychotherapy and life span            Psychotherapy in special groups            Systemic approach in Psychotherapy            Crisis Intervention            Universal, selective, and indicative interventions            Techniques for data collection in Psychotherapy            Clinical exam and observation of mental state            Counseling Interview            Intervention plans and evaluation            Case studies and group studies</p>
<b>Evaluation</b>	<p>Group work and oral presentation (50%)            Individual work and oral presentation (50%)</p>
<b>Bibliography</b>	<p>Main bibliography:            Gabbard, G. et al. (2005) Textbook of Psychotherapy, London: Oxford textbooks.            Other bibliography:            Belloch, A et al (1995) Manual de Psicopatologia vol I e II Lisboa, MacGraw-Hill            Abreu, J.P. (1994) Introdução à Psicopatologia compreensiva, Lisboa, FC Gulbenkian            APA (1996) DSM IV, Lisboa Climepse            Pires, C. (2003) Manual de Psicopatologia, ISLA</p>