



ID	3674
Curricular Unit	Theatrical Dance Technique II
Regent	Elisabete Alexandra Pinheiro Monteiro
Learning Outcomes	 Students: Modern/Contemporary Dance Know the main foundations of the techniques concerned; Perform basic vocabulary of dance techniques addressed with correction, at the level of spatial, temporal and dynamic vectors; Reproduce with fluency, through demonstration, sequences danced in technical context; Name, identify and characterize the specific motor skills of the addressed technical dancing; Cooperate with colleagues in group tasks. Classical Dance Interact with faculty and/or colleagues actively participating in the tasks; Assess their technical performance and their participation in groups; Identify the standardized terminology of classical dance steps; Perform the basic vocabulary of classical dance after demonstration and/or description thereof; Interact with faculty and/or colleagues actively participating in the tasks.
Syllabus	 Modern/Contemporary Dance Postures and balances, trunk gestures, gestures and standardized steps of the lower limbs, upper limbs, head gestures, turns, jumps, displacements. Classical Dance The movement principles of the academic-classical system: external rotation of lower limbs - en dehors, body alignment along the reference axes, dynamic postural placement - stance, distribution and weight transfer onto the supports, opposed removal - counterpull, squareness - squaring, stretching the trunk - pull-up, axis - aplomb and compensation of the trunk - counterbalance. The base contents of the academic-classical system: Plies, Petits Battements, Rond de jambe, Développés, relevés, Assouplissements, Standardized Steps, Turns, Jumps, Batterie.

Evaluation	Continuous evaluation (80% attendance) will take the following into consideration: AvA - Evaluation of classical dance performance (20%) AvB - Evaluation of modern dance performance (20%) AvC - Final Assessment (30%) AvD - Final Public Presentation (20%) RelA - Classical Dance Report (5%) RelB - Modern Dance Report (5%) Final Rating = 0.2 (AvA) + 0.2 (AvB) + 0.3 (AvC) + 0.2 (AvD) + 0.05 (RelA) + 0.05(RelB) is equal to or higher than 9.5
Bibliography	 Benbow-Pfalzgraf (1998). International Dictionary of Modern Dance (Ed). Benbow Niemeyer, New York. St. James Press. Cohan, R. (1986). The Dance Workshop.; London, Unwind Paperbacks Copeland, R (2004). Merce Cunningham - The Modernizing of Modern Dance. New York: Routeledge Taylorr & Francis Group. Grant, G. (1982). Technical Manual and Dictionary of Classical Ballet. New York: Dover Publications. Love, P. & King, E. (1997). Modern Dance Terminology. Princeton. Princeton Book Co. Publishers. Vaganova, A. (1969). Basics Principles of Classical Ballet: Russian Ballet Technique. New York: Dover Books on Dance. Lewis, D. (1984). The Illustrated Dance Technique of José Limón. Harper & Row Publishers, N.Y. Sherbon, E. (1982). On the count of one: Modern Dance Methods. New York. Mayfield Publishing Company.