

<b>ID</b>	3463
<b>Curricular Unit</b>	History of Sport
<b>Regent</b>	Maria Manuela Vasconcelos Hasse de Almeida e Silva
<b>Learning Outcomes</b>	To promote critical attitudes to the correct thinking on human and social conducts in sports and society, such as: intellectual curiosity, objectivity, disposition to be methodical and systematic, persistence, to insist on the systematic quest and verification, disposition to consider, without previous ideas, a considerable amount, variability and complexity of facts, disposition to suspend the acceptance of any conclusion until all the relevant data to be considered. Knowledge of concepts and knowledge, ability to identify, to describe, to classify and to explain the wide expressions of the human being in relation to time, to play and to sport. The ability to apply the knowledge and the abilities in consideration which consolidate attitudes and the ability to act correctly over society through sport phenomenon.
<b>Syllabus</b>	Play and Celebration Introduction to the study of History. Sport's History Development. Sport's History Development in Portugal. The Games in Ancient Culture and in the Middle Age. Sport's Genesis - Sport's development in England. The process of sportivisation. Institutionalisation of sport in England and in the world. Sport and Society - Sport's development in Portugal. From leisure to professional sport. Sport's Association. Sport's Press. Sport and Politics. The State and Sports (1926-1974).
<b>Evaluation</b>	Oral presentation, supported on Power Point, films, documentaries and photographs presented with a commentary. Discussion about the significant elements on the documents under analyses. Production of a Research Work, with a time, space, and subject frame that are clearly delimited by the Teacher from the beginning, a written regular presence Test Exam (both Optional) and a Final Exam (Compulsory).

**Bibliography**

Elias, Norbert - A Busca da Excitação. Desporto e Lazer no Processo de Civilização. 1992. Lisboa.

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Domingos, Nuno, et al. - Uma História do Desporto em Portugal. III Vols. Centenário da República. 1910-2010. Outubro 2011.

Hasse, Manuela - O Divertimento do Corpo. Editora Temática. Lisboa. 1999.

Hasse, Manuela - Oeiras e o Desenvolvimento de Novos Comportamentos de Lazer. A valorização de um Novo Mundo: o Mar, a Praia e as Férias. Oeiras. - A Terra e os Homens. I Ciclo de Estudos Oeirenses. CMO. SAC. Pp. 265-285. Oeiras. 1998.

See also <http://www.efdeportes.com>. Pp. 1-10. Año 4, nº 14. Buenos Aires. 1999.