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| ID | 3455 |
| Curricular Unit | Sports Training for People with Disabilities |
| Regent | Pedro Jorge Moreira de Parrot Morato |
| Learning Outcomes | <ol style="list-style-type: none"> 1. Fitting process of sports training programs according to the functional profile by sporting categories 2. Functional assessment and sport classification according to systems, methods and techniques for sports disability categories 3. Eligible Sports, rules and processes of adaptation 4. Prevention of injuries 5. Auxiliary training program for technicians 6. Evolution of the history of sport for athletes with disabilities, sports system and sports law 7. Technologies to support the development of autonomy of athletes with disabilities in activities of daily living and accessibility of the practice of sport |
| Syllabus | <ol style="list-style-type: none"> 1. Teaching, training and sports training for athletes with disabilities by sports categories 2. Eligibility and Classification Systems Sports 3. Eligible for sports disability categories, changes in rules and processes of adaptation 4. Factors of safety and prevention of injuries 5. Auxiliary training technical support activities of daily life, training and competition 6. Historical context, different levels of structure and intra-organizational disabled sports and sports law. Olympic and Paralympic Games. 7. Aids techniques to promote the development of autonomy of athletes with disabilities in their activities of daily living and adapted sports equipment |
| Evaluation | Writtent test |

Bibliography

Goodman, S. (Ed.) (1992) - Coaching deaf athletes - Australian Sports Commission
Goodman, S. (Ed.) (1992) - Coaching athletes with vision impairments - Australian Sports Commission
Goodman, S. (Ed.) (1993) - Coaching athletes with disabilities: general principles - Australian Sports Commission
Goodman, S. (Ed.) (1996) - Coaching wheelchair athletes - Australian Sports Commission
Goodman, S. (Ed.) (1997) - Coaching athletes with an intellectual disability - Australian Sports Commission
Goodman, S. (Ed.) (1998) - Coaching athletes with cerebral palsy - Australian Sports Commission
Sonja, G. (2003) - Hand Rim Wheelchair Propulsion: Biophysical Aspects of Learning - S. Groot, Amsterdam