<table>
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<th>ID</th>
<th>3383</th>
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<tbody>
<tr>
<td>Curricular Unit</td>
<td>Fundamentals of Psychomotricity</td>
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<td>Regent</td>
<td>Rui Martins</td>
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**Learning Outcomes**

- Knows the main perspectives of pioneers of the psychomotor theories and practices;
- Knows the phenomenological, psychoanalytic, psychosomatic, and neuropsychological contributions for the understanding of Psychomotricity;
- Knows the Psychomotricity problems in their pedagogical and, therapeutically dimensions
- Identifies the Psychomotricity areas of application, goal-populations, its objectives, the different types of professional activities, the professional field of intervention and the supporting organizations;
- Knows the concepts of verbal and non-verbal interpersonal communication;
- Knows the implications of the participation in group dynamic and identifies significant elements of the personal experiences in that dynamic;
- Identifies into relation situations the significant elements of verbal and not verbal communication;

**Syllabus**

A. Lectures are developed according to the following components:
- History and Epistemology of Psychomotricity. Foundations and Basic Paradigms in Psychomotricity.
- Applications of Psychomotricity.
- Specific characteristics of psychomotor intervention.
- Introductory aspects related to the developmental organization of psychomotor factors. Integration of motor aspects with psychic aspects.

B. Practical educational activities are developed according to the following axes:
- Psycho and Bodily experiences in gymnasium and in aquatic environments:
  - Guided towards body sensations, inter- and intra-personal relationship, and object, space, and time relationships;
  - Recognizing relational identities, related to primary processes of symbiotic dependence, identity development, and progressive differentiation of accessing symbolic processes;
  - Developing body expression activities (drama, dance, music) to promote body image perception, expressive exploration of the body, and the awareness (...)

...
CONTINUOUS ASSESSMENT: Theoretical assessment (50%)
The final result for the theoretical assessment includes one written exams which final result must be greater or equal to 10. To succeed, students may not have a grade lower or equal to 7,5 in the written exam.

Lecture/practicals assessment (50%)
Psychological and professional maturity revealed through attitudes and body experiences (10%)
Development and presentation of thematic studies (20%)
Presentation of a practical experience (20%)
To succeed, students must have a final result greater or equal to 10.
Students must submit to final exam if the grade in any of the parameters above defined is lower than 7,5

FINAL EXAMINATION: written and oral exam, when:
The student didn’t make the written test in the continuous evaluation;
The student got an evaluation inferior to 7,5 in the written test, or in one of the parameters of the theoretical-practical evaluation;c) The student didn’t have an equal or superior assiduity (...)

### Bibliography