

<b>ID</b>	3352
<b>Curricular Unit</b>	Internship in Sports Training II
<b>Regent</b>	Jorge Manuel Castanheira Infante
<b>Learning Outcomes</b>	In this course of Sport Coaching Internship II, students should relate the principles of sports coaching of a specific sport with interdisciplinary knowledge and all the tasks inherent to the teacher-coach intervention, in the scope of: Organization, planning, direction, and control of training; Championships participation; Relationship with the community.
<b>Syllabus</b>	<p>The aim of the course of Sport Coaching Internship II is the practical application and students improvement of the theoretical, the methodological and pedagogical principles of sports coaching of a specific sport option (Handball, Track and field, Basketball, Football, Gymnastics, Judo, Wrestling, Swimming, Orientation, Surf, Volleyball), as a process guided by the scientific and pedagogic principles inherent to sports education. The student's activities are in the following domains:</p> <p>a) Intervention within the field of sport training:</p> <ul style="list-style-type: none"> <li>• Conception of training programs;</li> <li>• Implementation of the training process</li> <li>• Evaluation and control of the training aspects.</li> </ul> <p>b) Championships participation, namely by participating in groups with different competences, viewing the conception and implementation of competition practices;</p> <p>c) Relationship with the community, namely in the conception and implementation of informative and educational initiatives for the community.</p>
<b>Evaluation</b>	<p>The internship is in a host institution and the week load is 8 hours with a local coach as mentor. The student will undergo real situations in training sessions with local coach allowance. The week load for tutorial in FMH is 2 hours. In the end of the internship, students conceive and implement a poster presentation with the activities executed. The evaluation of Sport Coaching Internship II could be in continuous assessment or final exam and is based in following criteria:</p> <p>Continuous assessment:</p> <ol style="list-style-type: none"> <li>1. Local coach evaluation (20%);</li> <li>2. Final report (80%) with Planning (12%), Evaluation (12%), Implementation (12%), Championship (22%) and Community (22%).</li> </ol> <p>The final exam for students with results lower than 10 or less than 20% class attendance consists of a written test (theoretical assessment) and an oral exam (theoretical and practical assessment).</p>
<b>Bibliography</b>	Each specific program of sport modalities under study will provide their own specific bibliography.