

ID	3316
Curricular Unit	Psychotherapy
Regent	Maria Margarida Nunes Gaspar de Matos
Learning Outcomes	To be acquainted with schools and methods in psychotherapy.
Syllabus	<p>Psychotherapy schools</p> <p>Psychoanalytic Cognitive-Behavioural Group Psychotherapy</p> <p>Interpersonal Psychotherapy</p> <p>Family Therapy</p> <p>Art Therapy</p> <p>Integrative Psychotherapy</p> <p>Psychotherapy of personality disorders</p> <p>Psychotherapy and life span</p> <p>Psychotherapy in special groups</p> <p>Systemic approach in Psychotherapy</p> <p>Crisis Intervention</p> <p>Universal, selective, and indicative interventions</p> <p>Techniques for data collection in Psychotherapy</p> <p>Clinical exam and observation of mental state</p> <p>Counseling Interview</p> <p>Intervention plans and evaluation</p> <p>Case studies and group studies</p>
Evaluation	<p>Group work and oral presentation (50%)</p> <p>Individual work and oral presentation (50%)</p>
Bibliography	<p>Main bibliography:</p> <p>Gabbard, G. et al. (2005) Textbook of Psychotherapy, London: Oxford textbooks.</p> <p>Other bibliography:</p> <p>Belloch, A et al (1995) Manual de Psicopatologia vol I e II Lisboa, MacGraw-Hill</p> <p>Abreu, J.P. (1994) Introdução à Psicopatologia compreensiva, Lisboa, FC Gulbenkian</p> <p>APA (1996) DSM IV, Lisboa Climepse</p> <p>Pires, C. (2003) Manual de Psicopatologia, ISLA</p>