

ID	3272
Curricular Unit	Pedagogy of Sport and Physical Activities
Regent	António Fernando Boleto Rosado
Learning Outcomes	1. Encourage students in a scientific and pedagogical view of sport as a plural phenomenon considering the actual concepts of culture, pedagogy and education; 2. Qualify the educational role of teachers/coaches and fitness professionals.
Syllabus	Sport Pedagogy; Sport versus physical activity; Senses of sport; Relation between the sport and the concept of education. Personal and Social development. Coach and teacher activity and instruction; Models and strategies. Teaching skills: Instructional models in physical activities teaching and coaching. Methods and tools for Systematic Intervention.
Evaluation	Expository method, thematic discussions and practical teaching done by students. Presence of at least 75% of classes taught. Presentation of three lessons, a theoretical work and accomplishment of a written examination. The minimum in each unit of work is 10.0 values. Written examination requires a minimum value of 10.0 values.
Bibliography	Metzler, M.W. (2000). Instructional models for physical education. Boston: Allyn and Bacon. Rosado, A. & Mesquita, I. (2009). Pedagogia do desporto. Faculdade de Motricidade Humana. Lisboa.