

<b>ID</b>	3268
<b>Curricular Unit</b>	Theatrical Dance Technique II
<b>Regent</b>	Elisabete Alexandra Pinheiro Monteiro
<b>Learning Outcomes</b>	<p>Students:</p> <p>Modern/Contemporary Dance</p> <ul style="list-style-type: none"> <li>- Know the main foundations of the techniques concerned;</li> <li>- Perform basic vocabulary of dance techniques addressed with correction, at the level of spatial, temporal and dynamic vectors;</li> <li>- Reproduce with fluency, through demonstration, sequences danced in technical context;</li> <li>- Name, identify and characterize the specific motor skills of the addressed technical dancing;</li> <li>- Cooperate with colleagues in group tasks.</li> </ul> <p>Classical Dance</p> <ul style="list-style-type: none"> <li>- Interact with faculty and/or colleagues actively participating in the tasks;</li> <li>- Assess their technical performance and their participation in groups;</li> <li>- Identify the standardized terminology of classical dance steps;</li> <li>- Perform the basic vocabulary of classical dance with correction;</li> <li>- Play standard steps of classical dance after demonstration and/or description thereof;</li> <li>- Interact with faculty and/or colleagues actively participating in the tasks.</li> </ul>
<b>Syllabus</b>	<p>Modern/Contemporary Dance</p> <p>Postures and balances, trunk gestures, gestures and standardized steps of the lower limbs, upper limbs, head gestures, turns, jumps, displacements.</p> <p>Classical Dance</p> <p>The movement principles of the academic-classical system: external rotation of lower limbs - en dehors, body alignment along the reference axes, dynamic postural placement - stance, distribution and weight transfer onto the supports, opposed removal - counterpull, squareness - squaring, stretching the trunk - pull-up, axis - aplomb and compensation of the trunk - counterbalance.</p> <p>The base contents of the academic-classical system: Plies, Petits Battements, Rond de jambe, Développés, relevés, Assouplissements, Standardized Steps, Turns, Jumps, Batterie.</p>

Continuous evaluation (80% attendance) will take the following into consideration:

AvA - Evaluation of classical dance performance (20%)

AvB - Evaluation of modern dance performance (20%)

AvC - Final Assessment (30%)

AvD - Final Public Presentation (20%)

RelA - Classical Dance Report (5%)

RelB - Modern Dance Report (5%)

## Evaluation

Final Rating =  $0.2 (AvA) + 0.2 (AvB) + 0.3 (AvC) + 0.2 (AvD) + 0.05 (RelA) + 0.05 (RelB)$  is equal to or higher than 9.5

## Bibliography

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Vaganova, A. (1969). Basics Principles of Classical Ballet: Russian Ballet Technique. New York: Dover Books on Dance.

Lewis, D. (1984). The Illustrated Dance Technique of José Limón. Harper & Row Publishers, N.Y.

Sherbon, E. (1982). On the count of one: Modern Dance Methods. New York. Mayfield Publishing Company.