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Curricular Unit	Work Physiology
Regent	Fernando Manuel da Cruz Duarte Pereira
Learning Outcomes	To be updated
Syllabus	To be updated
Evaluation	To be updated
Bibliography	Astrand, O., Rodahl, K., Dahl, H., Stromme, S. (2003). <i>Textbook of Work Physiology</i> (4 ed). Champaign. Ill: Human Kinetics. John R. Wilson e E. Nigel Corlett. (1990). <i>Evaluation of Human Work</i>. London: Taylor & Francis. American College of Sports Medicine (2000). <i>Guidelines for Exercise Testing and Prescription</i> (6th Ed.). Baltimore: Williams & Williams. McArdle, W. D., Katch, F. I., Katch, V.I. (2001). <i>Exercise Physiology - Energy, Nutrition, and Human performance</i> (5ª Ed.). Philadelphia: Lippincott Williams & Wilkins. Fichas de apoio ao curso teórico-prático e laboratórios, disponibilizadas no SGA.