

<b>ID</b>	3042
<b>Curricular Unit</b>	Sports Training for People with Disabilities
<b>Regent</b>	Pedro Jorge Moreira de Parrot Morato
<b>Learning Outcomes</b>	<ol style="list-style-type: none"> <li>1. Fitting process of sports training programs according to the functional profile by sporting categories</li> <li>2. Functional assessment and sport classification according to systems, methods and techniques for sports disability categories</li> <li>3. Eligible Sports, rules and processes of adaptation</li> <li>4. Prevention of injuries</li> <li>5. Auxiliary training program for technicians</li> <li>6. Evolution of the history of sport for athletes with disabilities, sports system and sports law</li> <li>7. Technologies to support the development of autonomy of athletes with disabilities in activities of daily living and accessibility of the practice of sport</li> </ol>
<b>Syllabus</b>	<ol style="list-style-type: none"> <li>1. Teaching, training and sports training for athletes with disabilities by sports categories</li> <li>2. Eligibility and Classification Systems Sports</li> <li>3. Eligible for sports disability categories, changes in rules and processes of adaptation</li> <li>4. Factors of safety and prevention of injuries</li> <li>5. Auxiliary training technical support activities of daily life, training and competition</li> <li>6. Historical context, different levels of structure and intra-organizational disabled sports and sports law. Olympic and Paralympic Games.</li> <li>7. Aids techniques to promote the development of autonomy of athletes with disabilities in their activities of daily living and adapted sports equipment</li> </ol>
<b>Evaluation</b>	Writtent test

**Bibliography**

Goodman, S. (Ed.) (1992) - Coaching deaf athletes - Australian Sports Commission  
Goodman, S. (Ed.) (1992) - Coaching athletes with vision impairments - Australian Sports Commission  
Goodman, S. (Ed.) (1993) - Coaching athletes with disabilities: general principles - Australian Sports Commission  
Goodman, S. (Ed.) (1996) - Coaching wheelchair athletes - Australian Sports Commission  
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Goodman, S. (Ed.) (1998) - Coaching athletes with cerebral palsy - Australian Sports Commission  
Sonja, G. (2003) - Hand Rim Wheelchair Propulsion: Biophysical Aspects of Learning - S. Groot, Amsterdam