

ID	2940
Curricular Unit	Internship in Sports Training II
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Learning Outcomes	In this course of Sport Coaching Internship II, students should relate the principles of sports coaching of a specific sport with interdisciplinary knowledge and all the tasks inherent to the teacher-coach intervention, in the scope of: Organization, planning, direction, and control of training; Championships participation; Relationship with the community.
Syllabus	<p>The aim of the course of Sport Coaching Internship II is the practical application and students improvement of the theoretical, the methodological and pedagogical principles of sports coaching of a specific sport option (Handball, Track and field, Basketball, Football, Gymnastics, Judo, Wrestling, Swimming, Orientation, Surf, Volleyball), as a process guided by the scientific and pedagogic principles inherent to sports education. The student's activities are in the following domains:</p> <p>a) Intervention within the field of sport training:</p> <ul style="list-style-type: none"> • Conception of training programs; • Implementation of the training process • Evaluation and control of the training aspects. <p>b) Championships participation, namely by participating in groups with different competences, viewing the conception and implementation of competition practices;</p> <p>c) Relationship with the community, namely in the conception and implementation of informative and educational initiatives for the community.</p>
Evaluation	<p>The internship is in a host institution and the week load is 8 hours with a local coach as mentor. The student will undergo real situations in training sessions with local coach allowance. The week load for tutorial in FMH is 2 hours. In the end of the internship, students conceive and implement a poster presentation with the activities executed. The evaluation of Sport Coaching Internship II could be in continuous assessment or final exam and is based in following criteria:</p> <p>Continuous assessment:</p> <ol style="list-style-type: none"> 1. Local coach evaluation (20%); 2. Final report (80%) with Planning (12%), Evaluation (12%), Implementation (12%), Championship (22%) and Community (22%). <p>The final exam for students with results lower than 10 or less than 20% class attendance consists of a written test (theoretical assessment) and an oral exam (theoretical and practical assessment).</p>
Bibliography	Each specific program of sport modalities under study will provide their own specific bibliography.