

<b>ID</b>	2890
<b>Curricular Unit</b>	Teaching Physical Education I
<b>Regent</b>	Carlos Alberto Ferreira Neto
<b>Learning Outcomes</b>	Identify the biological and social characteristics of motor development in childhood; Identify the purposes of the educational project of Motor and Physical Education and Expression (EEFM) within the overall educational program of the 1st cycle of basic education and PE; Critically analyze the relationship between Physical Activity and Sport (AFD) and the EEFM; Identify the characteristics of teaching and learning quality in the 1st and 2nd cycles of schooling; Planning and evaluating learning of content blocks of EEFM program in the 1st cycle, ensuring differentiation of teaching according to the training needs of children; Characterize the potential of existing physical resources and time in schools in optimizing the EF curriculum development; Justify the integration of the curricular area of EEFM in multidisciplinary education project of 1st cycle.
<b>Syllabus</b>	Curriculum Project of EE in the 1st and 2nd cycles of basic education: its Content and Organization. Integrating EEFM Plan Development Course 1st cycle. Particularities of Motor Development and Learning of children in the 1st cycle and its implications for the Teaching and Learning of EEFM. Potentiation of spaces and equipment for the teaching of PE. The Organization of AFD's in the 1st cycle. Its relationship with the EEFM. Analysis in real situations, the Teaching-Learning Process of PE on the 1st and 2nd cycles.
<b>Evaluation</b>	Group report with a critical analysis of the monitoring of real situations of Teaching and Learning (40%) Written test (60%)
<b>Bibliography</b>	Neto, C. (2002). Motricity and Play in Childhood. Rio de Janeiro: Editora Sprint, Ltd. Gallahue, D. (1993). Development Physical Education for Children Today (2nd Ed). Iwoa: Wm C. Brown & Benchmark. Portugal, Department of Basic Education (2004). Basic Education Cycle 1. Curriculum and Programs Organization. 4th Edition. Mem Martins: Editorial Ministry of Education.