



ID	2867
Curricular Unit	Fundamentals of Expression and Communication
Regent	Elisabete Alexandra Pinheiro Monteiro
Learning Outcomes	 Enhancing the mental availability of the student; To justifiy and implement sensory acuity and the perceptive ability to multiple stimuli; To mobilize all senses in the perception of what surrounds the student; To promote self-awareness of the their own potentials and limits and their role in developing creative-expressive route; Implementing the confidence and sense of belonging and sharing in a group; To encourage the search and discovery of own routes and the exploitation of listening to a body; Enhances the ability of imagination for the development of mediators expressive and appropriation of elementary communication non-verbal languages; To appreciate the use of improvisation and spontaneous and representative expression of the 'feeling' of the student; To recognize signs of movement, and make maximum use of sensory capabilities; To extend the expressive capacity, 'instant answers' to different stimuli.
Syllabus	Working primarily the sensitive field towards the subjectivity, the individual experience, knowledge gained by experience, self-knowledge. Sensation as the passive behavior of consciousness, as capturing a quality response to a stimulus, namely sound, visual, tactile, gustatory, olfactory stimuli. Perception as organization of sensory qualities. 'Information' of the environment. The quantitative and qualitative knowledge of Space and Time. The concentration, cooperation and trust. The text and the word. Improvisation as a spontaneous expression.

Evaluation	(Continuous assessment: Attending at least two-thirds of classes) MF - Logbook, stating the following: 1. report of the classes actually performed (description and evaluation); 2. collection and brief rationale of potential stimuli of different areas such as mediators or propellants of development of creative ability; 3. report (description and evaluation) of a visit to an exhibition/'happening'/performance to the student's choice; 4. Presentation of an informed self-assessment (individual task) MS1 - Presentation of a practical work in the area of expression with a maximum of 3 ' (individual task) MS2 - Written rational of the practical work (MS1) (individual task) Formula: (3MF +2MS1 +MS2) / 6 Minimum mark: 9.5
Bibliography	 Bastos, H. (2006) - A Escuta do Corpo. Em Textos e Resumos do Seminário Internacional 'Dança e Movimento Expressivo'. A Macara e A.P. Batalha (Eds). FMH edições. Cruz Quebrada, 106-112. Behrends, A., Muller, S. & Dziobek (2012). Moving in and out of synchrony: A concept for a new intervention fostering empathy through interactional movement and dance. Em Arts in Psychotherapy, 39, 107-116. Biasutti, M. (2013). Improvisation in dance education teacher views. Em Research in Dance Education, 120-140. DOI:10.1080/146478932012.761193. http://www.tandfonline.com.ezproxy.flinders.edu.au/ Lebre, A.P. Monteiro, E. Amoedo, H. & Martins (2014). A Inteligência Emocional, Competências Sociais e Traços Psicológicos de Esudantes Universitários de Dança e de Reabilitação. Em Revista Portuguesa de Educação Artística. 4. DRE. 53-63.