



ID	2856
Curricular Unit	Theatrical Dance Technique II
Regent	Elisabete Alexandra Pinheiro Monteiro
Learning Outcomes	Students: Modern/Contemporary Dance - Know the main foundations of the techniques concerned; - Perform basic vocabulary of dance techniques addressed with correction, at the level of spatial, temporal and dynamic vectors; - Reproduce with fluency, through demonstration, sequences danced in technical context; - Name, identify and characterize the specific motor skills of the addressed technical dancing; - Cooperate with colleagues in group tasks.  Classical Dance - Interact with faculty and/or colleagues actively participating in the tasks; - Assess their technical performance and their participation in groups; - Identify the standardized terminology of classical dance steps; - Perform the basic vocabulary of classical dance with correction; - Play standard steps of classical dance after demonstration and/or description thereof; - Interact with faculty and/or colleagues actively participating in the tasks.
Syllabus	Modern/Contemporary Dance Postures and balances, trunk gestures, gestures and standardized steps of the lower limbs, upper limbs, head gestures, turns, jumps, displacements.  Classical Dance The movement principles of the academic-classical system: external rotation of lower limbs - en dehors, body alignment along the reference axes, dynamic postural placement - stance, distribution and weight transfer onto the supports, opposed removal - counterpull, squareness - squaring, stretching the trunk - pull-up, axis - aplomb and compensation of the trunk - counterbalance.  The base contents of the academic-classical system: Plies, Petits Battements, Rond de jambe, Développés, relevés, Assouplissements, Standardized Steps, Turns, Jumps, Batterie.

Continuous evaluation (80% attendance) will take the following into consideration:

AvA - Evaluation of classical dance performance (20%)

AvB - Evaluation of modern dance performance (20%)

AvC - Final Assessment (30%)

**Evaluation** AvD – Final Public Presentation (20%)

RelA - Classical Dance Report (5%)

RelB - Modern Dance Report (5%)

Final Rating = 0.2 (AvA) + 0.2 (AvB) + 0.3 (AvC) + 0.2 (AvD) + 0.05 (RelA) + 0.05 (RelB) is equal to or higher than 9.5

Benbow-Pfalzgraf (1998). International Dictionary of Modern Dance (Ed). Benbow Niemeyer, New York. St. James Press.

Cohan, R. (1986). The Dance Workshop.; London, Unwind Paperbacks

Copeland, R (2004). Merce Cunningham - The Modernizing of Modern Dance. New York: Routeledge Taylorr & Francis Group.

Grant, G. (1982). Technical Manual and Dictionary of Classical Ballet. New York: Dover Publications.

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Love, P. & King, E. (1997). Modern Dance Terminology. Princeton. Princeton Book Co. Publishers.

Vaganova, A. (1969). Basics Principles of Classical Ballet: Russian Ballet Technique. New York: Dover Books on Dance.

Lewis, D. (1984). The Illustrated Dance Technique of José Limón. Harper & Row Publishers, N.Y.

Sherbon, E. (1982). On the count of one: Modern Dance Methods. New York. Mayfield Publishing Company.