

<b>ID</b>	2650
<b>Curricular Unit</b>	Assessment and Intervention in Mental Health
<b>Regent</b>	Ana Paula Lebre dos Santos Branco Melo
<b>Learning Outcomes</b>	The course aims to develop the skills, knowledge, attitudes and skills of future decision psicomotricistas acting in mental health.'s Focus will be directed particularly to the role that psychomotor can play in promoting mental health, facilitating the understanding of the individual factors and contextual factors that affect the well-being of individuals.
<b>Syllabus</b>	<p>The course will be organized by the following contents:</p> <ul style="list-style-type: none"> <li>- Global policies, theoretical models and methods of assessment and intervention in mental health.</li> <li>Psychiatry Mental Health - Psychomotor intervention in mental health contexts.</li> <li>Conceptions of Mental Illness and bio-psycho-social mechanisms - Contributions to the psychomotor intervention.</li> <li>The boundaries between Normal and Pathological Childhood, Adolescence, Adult mental health perspective.</li> <li>Notions of vulnerability, resilience, and the identification of risk factors and protective of mental health.</li> <li>The role of motor skills in prevention and promotion in mental health.</li> <li>Mental health in the area of ??application of science and psychomotor practice.</li> <li>- Evaluation in mental health.</li> <li>Models and tools for assessment in mental health with a focus on psychomotor.</li> <li>- Assessment tools and their role in the development of psychomotor targeted intervention for children, adolescents, adults and the elderly, focusing on:</li> </ul>
<b>Evaluation</b>	<p>1. Continuous Assessment Students who opt for continuous assessment model shall meet the following requirements:</p> <ol style="list-style-type: none"> <li>a) Get at least two thirds of attendance in practical classes;</li> <li>b) Implement a practical group work (orientated during the practical classes) and perform their oral presentation;</li> <li>c) Conduct a frequency on the material taught in lectures and practical classes, in which students can not get lower rating than 10 points. If this happens students will be sent for final exam.</li> </ol> <p>2. Final Exam Written test and oral</p>

## **Bibliography**

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- Pierre, A. ; Benavides, T. (2004) Corps et Psychiatrie.Paris : Heurs de France
- WHO (2008)Policies and practices for mental health in Europe -meeting the challenges. World Health Organization Regional Office for Europe:Copenhagen. Retrieved <http://www.euro.who.int/Document/e91732.pdf>
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- Acouturier,B. (2005).La méthode Aucouturier: fantasmes d'action et pratique psychomotrice. De Boeck.
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