

ID	2597
Curricular Unit	Introduction to Human Development
Regent	Celeste Simões
Learning Outcomes	<p>The course aims that the student:</p> <ul style="list-style-type: none"> -Identifies the main theories on human development; - Identifies the basic assumptions of the developmental approach; - Identifies and describes the various stages of human development in the areas: emotional, social, language and cognition and the general and particular aspects allied to them; -Identifies factors, processes and situations of risk and protective on an individual or group level, for the positive development; -Identifies and describe determinants aspects of individual behaviour, throughout its development, taking into consideration perceptive, cognitive, behavioural, emotional and motivational aspects, besides the broader social context.
Syllabus	<p>A. SOCIO-EMOTIONAL, COGNITIVE AND LANGUAGE IN LIFE-SPAN</p> <ol style="list-style-type: none"> a. Conceptual Framework: b. The first months of life: c. The childhood: d. The adolescence: e. The adulthood: f. The old age: <p>B. SOCIAL BEHAVIOUR DEVELOPMENT</p> <ol style="list-style-type: none"> a. Development of personal and social skills, emotional intelligence and socialization b. Social learning c. Communication and social behaviour: interpersonal communication, non-verbal and verbal d. Factors associated with social behaviour
Evaluation	<p>Written test (at the end of the semester) concerning matters of the discipline. Presentation of a work group (public and written) in classes.</p>

Bibliography

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- Piaget, J. (1983). *Piaget's theory*. New York: John Wiley.
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- Other bibliography:
- Bandura, A. (2001). Social cognitive theory: An agentic perspective. *Annual Review of Psychology*. Retrieved 20-09-2002, from www.findarticles.com
- Feldman, R. S. (2001). *Compreender a psicologia*. Lisboa: McGraw-Hill.
- Matos, M. G., Simões, C., Tomé, G., Gaspar, T., Camacho, I., Diniz, J. A., et al. (2006). A saúde dos adolescentes portugueses: Hoje em 8 anos. <http://www.fmh.utl.pt/aventurasocial/pdf/191206/nacional.pdf>
- Simões, C. (2007). *Comportamentos de risco na adolescência*. Lisboa: FCG/FCT.
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