



ID	2506
Curricular Unit	Systematization of Physical and Sports Activities
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Learning Outcomes	As fundamentals, is to express a sense of principles, with characterization of goals, its essential attributes and their meaning. Is intended to situate and relate the techniques, creating taxonomies and realizing the relationship between sporting gestures, - The discipline provides a relationship/integration of components, the context and goals, in order to intervene and explain behavioral-activities: Object: Analysis, definition, structuring of specific factors of sports activities. - Structure a understanding and explanation, through the interpretative models. Conceptualize one design» Interaction instruments Model - MII, aiming the identification and development of techniques and strategies in sports phenomena - establishes a descriptive order for achieve taxonomic goals, pointing to an ultimate goal which join the structures through innovation and integration of systems modeling, facilitating their application in teaching/learning.

THEORETICAL-PRACTICAL STUDY

-Classification as Science

Specific Factors - Criteria; Goals; categories

-Procedures for the classification

Taxonomies - Categorical/Statistical logic

-Praxeology

Terminology

-Definition of criteria

Classification » different authors Classification of situations/tasks

Concepts and fundamental characteristics

-Models - Interaction; Analysis - relationships

-Systems

Structuring/Categories

Taxonomies, Nomenclatures

Syllabus

-Sports techniques Instruments

-Components and Constrains

Concept, characteristics of movement

-Definition - structures; Terminology - specificity

Foundations of motor action -Strategies - Progressions

General criteria - analogical Reasoning

to draw the interpretation graphic Representation

-Problems/resolution - to extract principles

Differentiation - to correlate requirements

-To perceive the pattern - to see what is behind the obvious

-Systemic Modeling APPLY STUDY

Sports»Individual;Team;Racket;Nature;Combat

Continuous assessment according to the following guidelines:

To succeed, the student has to have a minimum final grade greater or equal to 10

[N1=Theoretical]

* Practical Worksheets + written test

[N2=Theoretical - practical] (different applications)

* Practical worksheets + written paper

[N3=written paper]

* Application Model - Laboratory

Evaluation

The assessment is carried out during the classes, according to the established objectives;

Final grade results from the arithmetic mean of the grades obtained;

Final exam, according to the following guidelines:

Students submit to final exam when

- their final grade is lower than 10.
- their class attendance is lower or equal to 20%.

The final exam consists of a written test (theoretical assessment) and an oral test (Theoretical-practical assessment).

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