

UNIVERSIDADE UNIVERSIDADE DE LISBOA

ID	2438
Curricular Unit	Teaching Methods in Physical Education and Sport
Regent	Marcos Teixeira de Abreu Soares Onofre
Learning Outcomes	<ul> <li>At the end of the course students should be able:</li> <li>to explain the main research on teaching orientations, their fundamentals and results.</li> <li>to explain the structural and functional dimensions of classroom ecology</li> <li>to identify the main teaching models, their fundamentals and operative procedures</li> <li>to identify teaching styles and procedures, by explaining the fundamentals of their adaptation to different teaching-learning settings contexts.</li> </ul>
Syllabus	Module 1: Elements characterizing quality of teaching The most relevant results from research on teaching. The integrative perspective of classroom ecology research. Module 2: The Spectrum of Teaching Styles The Spectrum premises. The developmental channels. The mediation role of the cognitive channel. The concept of the teaching style anatomy. Particular characteristics of the two mains sets of teaching styles: convergent e divergent styles. Module 3: Modes of Classroom Management Successful principles and procedures of classroom management. Management of academic and social classroom dimensions.
Evaluation	The lectures aim the systematization of the theoretical information. The practical lessons (theoretician-practical) are oriented to the analysis and reflexion on the lecture subjects. For this effect, tasks based on the resolution of problems are improved. These tasks imply the comment, reflection, debate of the subjects for the students. During these lessons presentation and analysis of works are carried out. The contents, the subject content and the characteristics of the professional activities imply the promotion of the collective work during the practical lessons to accomplishment of the formative evaluation tasks. Continuous Assessment or Final Examination (Written and Oral Exams). Continuous Assessment incorporates two tasks: (a) group essay presentation; and (b) a written test. The final grade results from the following formula: $FG = [(Presentation + (2 x Test)]/3.$
Bibliography	Carreiro da Costa, F. (1991.). "A investigação sobre a eficácia pedagógica." Inovação 4(1): 9-27. Mosston, M. & Ashworth, S. (1986) Teaching physical education, 3rd ed, Columbus: Merrill. Siedentop, D. (1991). Aprender a enseñar la educación física. Barcelona : INDE Publicaciones Onofre, M. (1995). Prioridades de formação didáctica em educação física. In Boletim