

ID	2178
Curricular Unit	Education and Health Promotion in the School
Regent	José Manuel Fragoso Alves Diniz
Learning Outcomes	<p>Health education: concept and socio-historical developments in Europe and worldwide.</p> <ul style="list-style-type: none"> · Models of health education · Developmental Perspective · Ecological Perspective · Dynamics in promotion and health education · Items on promotion and health education: physical education, recreation, nutrition, substance use, sexuality, interpersonal Behavioural, violence, mental health; road safety, hygiene · Actors involved: youth, families, health professionals and education; media "policymakers". · Contexts: home, school, community, work · Health communication · Health in multiculturalism · Health Literacy · Case studies
Syllabus	<p>Health education: concept and socio-historical developments in Europe and worldwide.</p> <ul style="list-style-type: none"> · Models of health education · Developmental Perspective · Ecological Perspective · Dynamics in promotion and health education · Items on promotion and health education: physical education, recreation, nutrition, substance use, sexuality, interpersonal Behavioural, violence, mental health; road safety, hygiene · Actors involved: youth, families, health professionals and education; media "policymakers". · Contexts: home, school, community, work · Health communication · Health in multiculturalism · Health Literacy · Case studies
Evaluation	<p>Practical validation period offsite</p> <p>Group work with public presentation</p> <p>Frequency</p>

Bibliography

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- Loyal, I (2006) Perspectives in Health Psychology . Quartet
- MacLachlan, M (1997) Culture and Health. Brisbane: Wiley
- Matos, M & Sampaio, D (2009) Young people with health. Lisbon: Text
- Matos, MG ; Slave, J; Simoes, C; Gaspar T (2009) - Violence, bullying and delinquency. Technical manual and cd. In Cunha Filho, Hilson; Ferreira-Borges, Carina (Orgs) - Management of Health Problems in School , (Managing health problems in school) Vol III. Lisbon Things to Read
- Matos, MG et al (2008) Substance use: Lifestyle or looking for a style? (Substance use: a Lifestyle or the