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<th>ID</th>
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<tr>
<td>Curricular Unit</td>
<td>Education and Health Promotion in the School</td>
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<tr>
<td>Regent</td>
<td>José Manuel Fragoso Alves Diniz</td>
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**Learning Outcomes**

Health education: concept and socio-historical developments in Europe and worldwide.
- Models of health education
- Developmental Perspective
- Ecological Perspective
- Dynamics in promotion and health education
- Items on promotion and health education: physical education, recreation, nutrition, substance use, sexuality, interpersonal Behavioural, violence, mental health; road safety, hygiene
- Actors involved: youth, families, health professionals and education; media "policymakers".
- Contexts: home, school, community, work
- Health communication
- Health in multiculturalism
- Health Literacy
- Case studies

**Syllabus**

Health education: concept and socio-historical developments in Europe and worldwide.
- Models of health education
- Developmental Perspective
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**Evaluation**

Practical validation period offsite
Group work with public presentation
Frequency
Bibliography

- GTE (2005, 2007a, 2007b) reports, in ww.dgidc.min.edu.pt
- Matos, MG et al (2008) Substance use: Lifestyle or looking for a style? (Substance use: a Lifestyle or the