

ID	2177
Curricular Unit	Didactics of Physical Activities and Sports I
Regent	Vítor Manuel Santos Silva Ferreira
Learning Outcomes	<ol style="list-style-type: none"> 1. Knowledge of applicable laws, rules and other elements essential to the practice of each studied sport in an organized manner and its application in formal practice situation; 2. Knowledge and mastery of the lexicon of each sport studied and its application in formal practical of each situation; 3. Field of technical elements and tactics of each of the studied sports and knowledge of their origins; 4. Acquisition and demonstration from basic domain of execution according to technical models and tactical in each studied sport, in formal practice situations; 5. Knowledge and domain of pedagogic-methodological aspects in each studied sport.
Syllabus	<p>The DPASI covers 6 different modules of physical activities: Swimming 1, Gymnastics' 1, Fitness Activities 1, Handball 1, Basketball 1, and Athletics 1; the purpose is qualify and consolidate the Student in the knowledge in the great domain of its technical and tactical-technical contents (each one of the sports activities above related has a specific program, with effective 19.5 hours each).</p> <p>General Program:</p> <ol style="list-style-type: none"> 1. Consolidate the knowledge of each studied sports, focusing about what to do and why they do so; 2. Reflect about the studied theoretical and practical realized; aspects of didactic and the teaching-learning process and too their pedagogical progressions leading to its transmission (teach to teach); 3. Consolidate contact with the teaching essential methodological aspects of each studied sport (the focus is put on the field, the organization and approach of their contents).

Evaluation	<ol style="list-style-type: none"> 1. General Assessment: The final classification will result to the arithmetic mean obtained in all different sports studied (if not less than 9.5 values); If less than 9.5, the student will carry out final exam in the sport / module in which this happens; 2. Final Exam: with a written test and a practical test; Oral evidence subject to obtaining access to the minimal note values, either at 7.5 written either in the practical test; 3. Continuous Evaluation: the attendance of the student must be equal to or greater than 2/3 of lessons so that it is not deleted from the ongoing evaluation process; the assessment in each sport will appreciate: a) practical test - 60%; b) written test - 40%; 4. Final Note: the General evaluation described above applies in the case of specific assessment for each module being missing on one or more of the above aspects (otherwise, the specific evaluation of each of the modules covered).
Bibliography	Supplied in each specific program of the sports activities object of study (or either: Swimming 1, Gymnastics' 1, Fitness Activities 1, Handball 1, Basketball 1, and Athletics 1).