

ID	2133
Curricular Unit	Systematization of Physical and Sports Activities
Regent	César José Duarte Peixoto

Learning Outcomes

As fundamentals, is to express a sense of principles, with characterization of goals, its essential attributes and their meaning. Is intended to situate and relate the techniques, creating taxonomies and realizing the relationship between sporting gestures,

- The discipline provides a relationship/integration of components, the context and goals, in order to intervene and explain behavioral-activities: Object: Analysis, definition, structuring of specific factors of sports activities.
- Structure a understanding and explanation, through the interpretative models. Conceptualize one design» Interaction instruments Model - MII, aiming the identification and development of techniques and strategies in sports phenomena
- establishes a descriptive order for achieve taxonomic goals, pointing to an ultimate goal which join the structures through innovation and integration of systems modeling, facilitating their application in teaching/learning.

Syllabus	<p>THEORETICAL-PRACTICAL STUDY</p> <ul style="list-style-type: none"> -Classification as Science Specific Factors - Criteria;Goals;categories -Procedures for the classification Taxonomies – Categorical/Statistical logic -Praxeology Terminology -Definition of criteria Classification » different authors Classification of situations/tasks Concepts and fundamental characteristics -Models - Interaction; Analysis - relationships -Systems Structuring/Categories Taxonomies, Nomenclatures -Sports techniques Instruments -Components and Constrains Concept, characteristics of movement -Definition - structures; Terminology - specificity Foundations of motor action -Strategies - Progressions General criteria - analogical Reasoning to draw the interpretation graphic Representation -Problems/resolution - to extract principles Differentiation - to correlate requirements -To perceive the pattern - to see what is behind the obvious -Systemic Modeling <p>APPLY STUDY</p> <p>Sports»Individual;Team;Racket;Nature;Combat</p>
Evaluation	<p>Continuous assessment according to the following guidelines: To succeed, the student has to have a minimum final grade greater or equal to 10 [N1=Theoretical] * Practical Worksheets + written test [N2=Theoretical - practical] (different applications) * Practical worksheets + written paper [N3=written paper] * Application Model - Laboratory</p> <p>The assessment is carried out during the classes, according to the established objectives; Final grade results from the arithmetic mean of the grades obtained; or Final exam, according to the following guidelines: Students submit to final exam when</p> <ul style="list-style-type: none"> - their final grade is lower than 10. - their class attendance is lower or equal to 20%. <p>The final exam consists of a written test (theoretical assessment) and an oral test (Theoretical-practical assessment).</p>

Bibliography

ENCICLOPÉDIA EINAUDI (2000) — Sistemática n 42. Edição Imprensa Nacional, Casa da Moeda

ENCICLOPÉDIA EINAUDI (2000) — Sistemática n 43. Edição Imprensa Nacional-Casa da Moeda

PEIXOTO, C. (1994) - Terminologia. Um Instrumento de Gestão. Ludens, vol 14, n 2, Abr/Jun, Ed. FMH

PEIXOTO, C. (1997) - Sistemática das Actividades Desportivas. Modelos e Sistemas de Análise do Desempenho Desportivo, Ed. FMH.

PEIXOTO, C. (2002) - A Classificação e a Ciência. As Ciências do Desporto e o Conhecimento. Ludens

MOREIRA, M. (2002) - Desportos de Oposição. O que são?, Ludens, vol 17, n 1 Jan/Mar 2002, Edição FMH

PARLEBAS, P. (1981) - Contribution a un Lexique Commenté en Science de L'Action Motrice, Publicações INSEP

SÉRGIO, M. (1989) - Motricidade Humana. Uma ciência do Homem. ISEF, Serviço de Ed, Lisboa

ENCICLOPÉDIA EINAUDI (1993)-Sistemas n 26. Edição Imprensa Nacional-Casa da Moeda

FLEISHMAN, E. & QUAINANCE, M. K. (1984) - Taxonomic of Human Performance, Academic Press, INC-New York.