

ID	2115
Curricular Unit	Pedagogy of Sport and Physical Activities
Regent	António Fernando Boleto Rosado
Learning Outcomes	<ol style="list-style-type: none"> 1. Encourage students in a scientific and pedagogical view of sport as plural phenomenon considering the actual concepts of culture, pedagogy and education; 2. Qualify the educational role of teachers/coaches and fitness professionals.
Syllabus	<p>Sport Pedagogy; Sport versus physical activity; Senses of sport; Relation between the sport and the concept of education. Personal and Social development.</p> <p>Coach and teacher activity and instruction; Models and strategies.</p> <p>Teaching skills: Instructional models in physical activities teaching and coaching. Methods and tools for Systematic Intervention.</p>
Evaluation	<p>Expository method, thematic discussions and practical teaching done by students.</p> <p>Presence of at least 75% of classes taught. Presentation of three lessons, a theoretical work and accomplishment of a written examination.</p> <p>The minimum in each unit of work is 10.0 values. Written examination, it requires a minimum value of 10.0 values.</p>
Bibliography	<p>Metzler, M.W. (2000). Instructional models for physical education. Boston: Allyn and Bacon.</p> <p>Rosado, A. & Mesquita, I. (2009). Pedagogia do desporto. Faculdade de Motricidade Humana. Lisboa.</p> <p>Metzler, M.W. (2000). Instructional models for physical education. Boston: Allyn and Bacon.</p> <p>Rosado, A. & Mesquita, I. (2009). Sport Pedagogy. Faculty of Human Kinetics. Lisbon.</p>